

2019 NAVESINK RIVER ROWING YOUTH PROGRAM SCHEDULE

NOVICE YOUTH PROGRAM

5 mornings a week for 2 weeks ~ Offered 3 times per summer.

Meets Monday through Friday 10:15 AM to Noon -- Price: \$325

___ June 24-July 5 (no session 7/4) ___ July 8-19 ___ July 22-August 2

INTERMEDIATE YOUTH PROGRAM

5 mornings a week for 2 weeks ~ Offered 3 times per summer.

Enroll in 2 or 3 sessions and get a discount.

Meets Monday through Friday 7:45-9:30 AM

Price: One session \$275; two sessions-\$450; all three sessions-\$625

___ July 8-19 ___ July 22-August 2 ___ August 5-16

ADVANCED (SUMMER RACING)

5 days a week for 3 weeks and ending at a major regatta~ Offered 3 times this summer

Price: One session \$420; two-\$680; three-\$940

Price does not include regatta fee – Regattas are optional

- **SESSION 1:** Mon-Fri, June 10 through Independence Day Regatta in Philly, (June 28-June30)
Note special schedule for Session 1 - **3:45-5:30 PM week 1 and 2; 5:45 - 7:30 AM week 3**
- **SESSION 2:** Mon- Fri, July 1 through Philly Youth Regatta (July 20) - **5:45 - 7:30 AM**
- **SESSION 3:** Mon- Fri, July 22 through NRR Sprints on the 'Sink Regatta (Aug. 10) - **5:45 - 7:30 AM**

8th GRADE INTRO TO ROWING PROGRAM

4 days a week for 2 weeks ~ Offered 3 times this summer

Meets M/T/W/Th --- 8:30 - 10:00 AM -- Price: \$300

___ June 24-July 5 (no session 7/4, makeup 7/5) ___ July 8-18 ___ July 22-August 1

NEW THIS YEAR (TENTATIVE)

8th GRADE INTERMEDIATE ***

4 days a week for 2 weeks ~ Offered 1 time this summer

Meets M/T/W/Th --- 8:30 - 10:00 AM -- Price: \$300

___ August 5-August 15

**** 8th Grade Intro to Rowing is a prerequisite and must have coach's recommendation for Intermediate.*